

PATIENT: _____ PHYSICIAN: _____

Procedure Date: _____ Report Time: _____ OR Time: _____

Procedure: EGD EGD/EUS COL Rectal/EUS ERCP

All patients require an escort on the day of the procedure. An escort is someone who either accompanies you or arrives to the hospital prior to your discharge. The escort must come to the recovery area to witness your discharge instructions, and then leave the hospital with you. The escort must be 18 years of age or older. The procedure will be cancelled if there is no escort present or available on the day of surgery.

Signature: _____

Directions for Hospital Procedures:

Go to Beth Israel Hospital (16th Street and First Ave). Enter through *Emergency Room* entrance. Go straight to *elevators*. Take elevators to 8th Fl. You will now be in the DAZIAN section of the hospital. Look for Endoscopy signs. Check in.

Pre-Procedure Directions:

- If you are diabetic and take insulin, please speak with your doctor. If you take diabetic pills, do not take them on the morning of the procedures.
- If you are Blood Thinners (Coumadin, Warfarin, Plavix, Persantine, Ticlid, Etc.), please speak with your doctor well in advance of procedure. You may need to stop taking this medication for the procedure!
- If you have an artificial heart valve, please speak with one of our doctors well in advance of procedure, as special arrangements may need to be made.
- If you take aspirin or similar anti-inflammatory medications like Motrin, Excedrin, Advil, Etc, you need to stop 7 days before procedure.
- **Do not** take “waterpills” such as Lasix, Furosemide, Hydrochlorothiazide, the day before procedure.
- **Do take all** other medicines as usual, especially heart and blood pressure medicines.
- There is no eating or drinking after midnight except for sip of water with medication.
- All procedures are booked as “out patient”. However, just in case, be prepared to stay overnight.

Pre Admission Testing (PAT's) is required for ERCP, EUS and some other complicated endoscopies using “MAC” (monitored anesthesia care) with an anesthesiologist.

- Blood work, CBC, SMA 20, and PT/PTT (if on anticoagulants) that has been completed within 3 months preceding the procedure.
- EKG-Patients over the age of 40- EKG within 6 months of the scheduled procedure. If the patient has serious cardiac problems, or an abnormal EKG, they should have a clearance note from cardiologist.
- Chest X-Ray-is not required routinely *unless* last chest x-ray was abnormal and/or an appropriate medical/indication exist. If pt has serious cardiac problems or pulmonary problems, they should have a clearance note from cardiologist and/or pulmonologist.
- Pregnancy test is required of any female of childbearing age