

### **Instructions for Upper Endoscopy (EGD) and Endoscopic Ultrasound (EUS)**

- Please stop taking aspirin, or anti-inflammatory drugs (such as Advil, Motrin, Naprosyn, etc.) 5 days prior to your endoscopic procedure. If you are on Coumadin or Plavix or other blood thinning medication, discuss this with your physician prior to procedure
- If you are a diabetic, please discuss your diabetes medications with your physician prior to the procedure.
- If your procedure is before 12 noon, have no solid food after midnight the night before your procedure.
- If your appointment is after 12 noon, you may have a light (low fat, low fiber) breakfast at least 6 hours before your procedure, then nothing by mouth, including liquids.
- You may take necessary medication with sips of water.
- You must have an escort help take you home. Driving is not permitted for at least 24 hours, due to drowsiness and delayed reflexes from the IV medication. You should also not conduct any business or sign any legal documents until the next day.